



St. Charles Adult Campus

Residential Treatment Clients

PLEASE BRING:

- All Medication/Necessary Medical Equipment (Currently prescribed medication- in the original bottle, with labels)
- Proof of Missouri Residency (Preferably a Missouri Photo ID, but we can accept a piece of mail (such as a bill) with your name and address listed)
- Insurance Card and Co-Pay (if applicable)
- Clothing (No more than 7 outfits, 2 pairs of shoes, and 2 pairs of pajamas are allowed. Clients are only allowed to keep 7 changes of clothes; any extra items will be locked up throughout the duration of your stay. During warmer months, you may want to bring sunscreen, light clothing, and a clear water bottle. In the cooler months, please plan to dress in layers)
- Personal Hygiene Items (Please bring deodorant, shampoo/conditioner, toothbrush/toothpaste, and soap. You may also bring shaving cream and a disposable razor. Aerosol cans and liquids containing alcohol are NOT allowed)
- Laundry detergent (Our machines are free for you to use but you must bring your own laundry detergent to use)

OTHER SUGGESTIONS:

- If you smoke tobacco, you may bring cigarettes (Electronic cigarettes of any kind or chewing tobacco are NOT allowed.)
- Hard Candy (Must be individually wrapped candy in its original bag (e.g., jolly ranchers, Life Savers, Werther's, etc)
- Money (You may bring money for vending machines; however we do not have the ability to break large bills, so please bring coins or dollars. Any amount over \$25 may be locked up for safe keeping. Please note that any money brought will remain your responsibility)
- Clear Bags (If you want to carry a bag throughout each day, it will need to be clear)



- Recovery Related Reading Materials, Spiritual Materials, and Self-Help Books (Novels, magazines, and puzzle books may be allowed at staff's discretion).
- Envelopes/Stamps (If you intend to write letters, please be sure to bring envelopes and stamps; if needed, stamps are sold at the front desk)

Due to our bed bug policy, clients must bring all items in plastic bags. NO suitcases, duffel bags, etc are allowed. Any clothing items, including shoes, will have to be washed in hot water upon admission. Any items the client does not want washed, should NOT be brought to treatment

PLEASE DO NOT BRING:

- Bedding (Pillows, Blankets, Stuffed Animals, Etc.)
- Towels
- Food/Drink Items
- Electronics (Tablets, Laptops, other Small Devices)

**Please note, due to limited space, we recommend that clients pack lightly. There is a small storage closet for any items you bring that are NOT allowed in the program; however, it is best to leave these items at your house (you will NOT have access to them while you are here). Please only pack the basics you will need for your stay. **

We are looking forward to working with you!